

That's Up

Count: 64 Wall: 4 Level: Intermediate

Choreographer: Gudrun Schneider & Martina Ecke (Nov 2014)

Music: UP by Olly Murs feat. Demi Lovato

The dance starts after 16 counts.

Step-½ turn l, kick-ball-step, rock forward, shuffle ½ turning (r-l-r)

- 1-2 Step right forward, ½ turn left (6 o'clock)
3&4 Kick right forward, step right beside left, step forward on left
5-6 Rock forward on right, recover on left
7&8 ¼ turn right, step right to the right side, step left beside right, ¼ turn right, step right forward (12 o'clock)

Rock forward, back heel twist x 2, coaster step, ¼ paddle turn 2x

- 1-2 Rock forward on left, recover on right
3-4 Step left back and grind right heel, step right back and grind left heel
5&6 Step left back, step right beside left, step left forward
7-8 ¼ turn left - tap right toe to the right side (9 o'clock) , ¼ turn left – tap right toe to the right side (6 o'clock)

Behind-side-cross, rock side, behind-side-cross, side-together

- 1&2 Step right behind left, step left to the left side, cross right over left
3-4 Rock left to the left side, recover on right
5&6 Step left behind right, step right to the right side, cross left over right
7-8 Step right to the side, step left beside right

Shuffle forward (r-l-r), rock forward, sailor turning ¼ l, step forward, ½ turn l

- 1&2 Step right forward, step left beside right, step right forward
3-4 Rock left forward, recover on right
5&6 Step left behind right, ¼ turn left stepping right beside left (3 o'clock), step forward on left
7-8 Step right forward, ½ turn left (9 o'clock)

Side-hold & side & side, rock across, chassé l

- 1-2 Step right to the right side, hold
&3&4 Step left beside right, step right to the right side, step left beside right, step right to the right side
5-6 Cross left over right, recover on right
7&8 Step left to the left side, step right beside left, step left to the left side

Point, point, sailor step, heel grind with ¼ turn l, coaster step

- 1-2 Point right toe forward, point right toe to the right side
3&4 Cross right behind left, step left to the left side, step right to the right side

- 5-6 Left heel forward, grind left heel on the floor $\frac{1}{4}$ turning left (ending weight on right)(6 o'clock)
- 7&8 Step left back, step right beside left, step left forward

Rock forward & rock forward, $\frac{1}{2}$ turn, $\frac{1}{2}$ turn, coaster step

- 1-2 Rock right forward, recover on left
- &3-4 Step right beside left, rock left forward, recover on right
- 5-6 $\frac{1}{2}$ turn left (12 o'clock), step forward on left, $\frac{1}{2}$ turn left (6 o'clock), step back on right
- 7&8 Step left back, step right beside left, step left forward

Step forward, $\frac{1}{4}$ turn l, kick-ball-change, jazz box

- 1-2 Step right forward, $\frac{1}{4}$ turn left (3 o'clock)
- 3&4 Kick right forward, step right beside left, step left in place
- 5-6 Cross right over left, step back on left
- 7-8 Step right on right, step left forward

Tag 1: -

After the 1st wall, facing 3 o'clock and

After the 3rd wall, facing 9 o'clock.

Rolling vine r, point l, rolling vine l, touch

- 1-2 $\frac{1}{4}$ turn right with step forward right – $\frac{1}{2}$ turn right with step back left
- 3-4 $\frac{1}{4}$ turn r – step right to the right side – touch left toe to the left side
- 5-6 $\frac{1}{4}$ turn left with step forward left – $\frac{1}{2}$ left with step back right
- 7-8 $\frac{1}{4}$ turn left – step left to the left side – touch right beside left

Tag 2: After the 2nd wall, facing 6 o'clock.

Rocking chair

- 1-2 Rock right forward, recover on left
- 3-4 Rock right back, recover on left

Ending: The dance ends facing 6 o'clock.

- 1-2 step right, $\frac{1}{2}$ turn left

Have fun!

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