

Rain Against My Window

32 Count, 4 Wall, Intermediate

Choreographer: Michael Barr (USA) May 09
Choreographed to: I Can't Stand The Rain by Seal,
CD: Soul (92bpm); Father Sun by Wynonna,
CD: Tell Me Why (104 bpm)

Lead in: After Seal sings, "I Can't Stand The", start the dance on the word "Rain"
Lead for Father Sun: 24 counts

1-8 Touch -1/2 Turn-Touch, Cross, 1/4 Step Back – Full Turn Triple In Place, 2 Walks

1&2 Touch Right toe side right; Turn ½ left on ball of left foot; Touch Right side right (6 o'clock)

3-4 Step Right foot in front of left; Turn ¼ right stepping back on Left foot (facing 9 o'clock)

5&6 Full turn triple: Turn ½ right stepping forward on Right; Step forward on ball of Left;

Turn ½ right stepping forward on Right (facing 9 o'clock)

Note: An easier variation for counts 5 & 6 would be a coaster step which would take out the full turn.

5&6 Step back on Right foot; Step ball of Left foot next to right; Step Right foot forward

7-8 Walk forward on Left foot; Walk forward on Right foot

9-16 Modified Kick-Ball-Changes – Syncopated Kicks, Back-Lock-Back

1& Kick Left forward; Step center on ball of Left

2& Step Right foot forward on left diagonal; Step Left foot forward on left diagonal

3& Kick Right forward; Step center on ball of Right

4& Step Left foot forward on right diagonal; Step Right foot forward on right diagonal

Note: Move forward on counts 2& and 4&

5& Kick Left to right diagonal; Step Left foot to center

6& Kick Right to left diagonal; Step Right foot to center

7& Kick Left to right diagonal; Step Left foot back (beginning of the lock step pattern)

8& Step Right foot back crossing in front of left (lock); Step Left foot back

17-24 Rock Back, Return X2 – Chase 1/4 Turn Left, Full Turn Right

1-2 Rock/Step back onto Right foot (push right hip back); Return weight onto Left foot in place

3-4 Rock back onto Right foot (push right hip back); Return stepping slightly forward on Left foot

5&6 Step Right forward; Turn ¼ left shifting weight onto left foot; Step Right in front of left (6 o'clock)

Note: Count 6 is a preparation step for your full turn right that comes up next.

7&8 Turn ¼ right stepping back on Left; Turn ½ right stepping forward on Right;

Turn ¼ right stepping Left side left (turn travels to your left) (6 o'clock)

25-32 Rock Back, Return, Forward, 1/4 Turn Left – Modified Jazz Box & Weave

1-2 Rock back onto Right foot (open hips to right diagonal); Return weight onto Left foot in place

3-4 Step Right foot forward; Turn ¼ left (to left diagonal) taking weight onto Left foot (3 o'clock)

Note: Try over rotating just a little on the rock back and the ¼ turn left, this will help in taking those steps slowly

5& Step/sweep Right foot in front of left; Step back on Left foot

6& Step Right foot side right and slightly back; Step Left foot in front of right

7& Step Right foot side right; Step Left foot behind right

8& Step Right foot side right; Step Left foot in front of right