

Count In: 48 counts from start of track.

- 1 - 8 R ball, L cross, R tap, R press, hold 3 with lunge R, L ball, R cross, L side, L¼ turn, body dip (with arms)**
- & 1 & 2 Step in place on ball of right (&), cross left over right (1), tap right slightly out to right side (&), press right to right side (2)
- 3 & 4 Lunge to right side taking upper body to right (3), step in place on ball of left (&), cross right over left (4)
- 5 6 Step left to left side (as you take right arm across body (palm facing down)) (5), make ¼ turn left by twisting heels to right (as you pull right hand in towards right shoulder) (6) 9.00
- Easy option: no arms
- 7 8 Body dip/roll – bend both knees as if sitting down – lift bottom up as if someone pulling on top of jeans – straighten knees (this action happens over counts 7-8 and is a smooth rolling action)
- Easy option: bump hips back (7), bump hips fwd (8) weight ends left
- 9 - 16 R ball, L fwd rock (option body roll), L ball, R back, R knee pop, R shoulder dip, R ball, L step, Walk R L**
- & 1 2 Step ball of right next to left (&), rock forward left (option begin backwards body roll) (1), recover weight right (finish body roll) (2)
- & 3 & 4 Step ball of left next to right (&), step back right (3), pop right knee out towards 12.00 (swivel right heel) (&), return right knee & heel (4) 9.00
- & 5 Open upper body to 12.00 as you dip right shoulder back (&), return body & shoulder to 9.00 putting weight on left (5), 9.00
- & 6 7 8 Step ball of right next to left (&), step forward left (6), step forward right (7), step forward left (8)
- 17 - 24 Make ¾ turn L stepping onto R whilst sweeping L, L behind-side-cross, R side rock, R behind-side-fwd**
- 1 2 Make ½ turn left as you step back on right (bend R knee) and begin sweeping left leg (1), continue sweeping left making ¼ turn left (2) 12.00
- Note: this is one fluid motion**
- & 3 4 Cross left behind right (&), step right to right side (3), cross left over right (4)
- 5 6 Rock right to right side (almost like a press) (5), recover weight left (6),
- 7 & 8 Cross right behind left (7), step left to left side (&), step forward right (8)
- 25 - 32 L & R toe presses forward with optional batucada styling, ¼ turn R, point L, L ball, R cross**
- 1 2 & 3 4 Press ball of left forward (1), hold (2), step back left (&), press ball of right forward (3), hold (4)
- Styling note: As you press ball of foot forward push hip forward & up, on the hold keep rotating hip outwards in order to step back**
- Easier option no styling: instead of thinking of it as a press think of it as just a 'toe touch' forward 12.00**
- & 5 & 6 Step back right (&), press ball of left forward (5), step back left (&) press ball of right forward (6)
- Styling/option note: Same action applies just at a quicker speed – push hip forward, up and round to step back. Easy option same 12.00**
- & 7 & 8 Make ¼ turn right stepping right to right side (&), point left toe to left side (7), step in place on ball of left (&), cross right over left (8) 3.00
- 33 - 40 Side L, side R, ¼ L, fwd R, ½ turn L, ¼ turn L stepping side R, L behind, ¼ turn R**
- 1 2 3 Step left to left side (push hip left) (1), step right to right side (push hip right) (2), make ¼ turn left stepping forward left (3), 12.00
- 4 5 6 Step forward right (4), pivot ½ turn left (5), make ¼ turn left stepping right to right side (6), 3.00
- 7 8 Cross left behind right (7), make ¼ turn right stepping forward right (8) 6.00
- 41 - 48 Syncopated lock step forward, rock fwd L, walk back L-R**
- 1 & 2 Step left forward on left diagonal (1), lock right behind left (&), step left forward on left diagonal (2)
- & 3 4 Step right forward on right diagonal (&), lock left behind right (3), step right forward on right diagonal (4)
- 5 6 7 8 Rock forward left (5), recover weight right (6), step back left (drop left shoulder slightly) (7), step back right (drop right shoulder slightly) (8)
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49 - 56 ¼ turn L, point R, ¼ turn R, ¼ turn R as you point L, L cross-out-out, R knee roll in-out

1 2 Make ¼ turn left stepping left to left side (1), point right to right side (2) 3.00

3 4 Make ¼ turn right stepping forward right (3), make ¼ turn right as you point left to left side (4) 9.00

5 & 6 Cross left over right (5), step right to right side (slightly back) (&),
step left to left side (shoulder width apart) (6)

7 8 With weight on left roll right knee in towards left (7), roll right knee out to right transferring weight right (8)

Styling option: Make the same action with your right arm, almost like a whip. 9.00

57 - 64 L side, R crossing shuffle, ¼ turn L stepping forward L, R fwd, L ball side rock, L cross, R kick

1 Push off right foot as you step left to left side

(style option: push right hand down to right side and try step onto straight leg (1) 9.00

2 & 3 4 Cross right over left (2), step left to left side (&), cross right over left (3),
make ¼ turn left stepping forward left (4) 6.00

5 & 6 Step forward right (5), rock ball of left to left side (&), recover weight right (6) 6.00

7 8 Cross left over right (7), kick right to right diagonal (8) 6.00

**Choreographer's NOTE: "We choreographed this dance by request from Arizona Kid in Palavas, France where we did a workshop together in June 2014,
We dedicate the dance to all the members and everyone that joined us"**